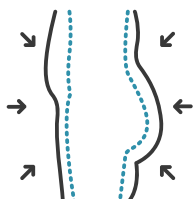
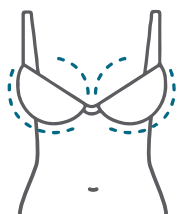


Top 5 Cosmetic Surgical Procedures for 2023



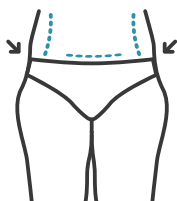
1. Liposuction

This ever-popular procedure is number one for the third year in a row. Liposuction targets stubborn fat that diet and exercise can't eliminate to give a smoother contour and better definition in areas such as the tummy, thighs, hips and arms.



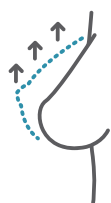
2. Breast Augmentation

One of the most popular plastic surgery procedures since 2006, breast augmentation again claims a spot in the Top 5. This surgical procedure enhances the size and shape of breasts using implants or fat grafting.



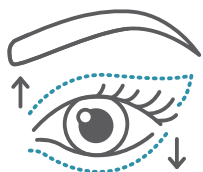
3. Tummy Tuck (Abdominoplasty)

Coming in at third for a third year in a row, tummy tucks offer a snatched waist by removing excess fat and skin while tightening abdominal muscles.



4. Breast Lift (Mastopexy)

The second breast procedure in the Top 5 has consistently gained popularity in the last decade. Breast lifts elevate and reshape breasts, without changing their size. They also improve the contour, silhouette and symmetry of the chest.



5. Eyelid Surgery (Blepharoplasty)

Blepharoplasty holds its place in the Top 5 again this year. This surgical procedure rejuvenates the eyes by removing excess skin, fat and muscle, brightening and opening the eyes for a more refreshed look.